

LOWER SCHOOL		
Autumn	Spring	Summer
Relationships	Living in the wider world	Health and Wellbeing
Making friends: Feeling lonely Getting help Managing secrets: Resisting pressure & getting help Recognising hurtful behaviour Recognising things in common & differences: Playing & working co-operatively Sharing opinions	Belonging to a group Roles and responsibilities Being the same & different in the community The internet in everyday life Online content & information What money is: Needs and wants Looking after money	Why sleep is important Medicines & keeping healthy Keeping teeth healthy Managing feelings & asking for help Growing older Naming body parts Moving class/year/phase Safety in different environments Risk & safety at home What to do in an emergency
Relationships	Living in the wider world	Health and Wellbeing
What makes a family Features to family life Personal boundaries Safely responding to others The impact of hurtful behaviour Recognising respectful behaviour The importance of self-respect: Courteous and polite	The value of rules & laws Rights Freedom & responsibilities Different jobs & skills Job stereotypes Setting personal goals	Health & choice habits What affects Feelings Expressing feelings Personal strengths & achievements: Managing & reframing setbacks Risk & hazards: Safety in the local environment & unfamiliar places
Relationships	Living in the wider world	Health and Wellbeing
Positive friendships inc online Responding to hurtful behaviour Managing confidentiality Recognising risks online Respecting differences & similarities Discussing differences sensitively	What makes a community Shared responsibilities How data is shared & used Making decisions about money Using & keeping money safe	Maintaining a balanced lifestyle Oral hygiene & dental care Physical & emotional changes in puberty External genitalia Personal hygiene routine Support with puberty Medicines & household products Drugs common to everyday life
Relationships	Living in the wider world	Health and Wellbeing
Managing friendships and peer influences Physical contact & feeling safe Responding respectfully to a wide range of people Recognising prejudice and discrimination	Protecting the environment Compassion towards others How information is targeted: different media types, their role and impact Identifying job interests and aspirations What influences career choices Work stereo-types	Healthy sleep habits: Sun safety Medicines Vaccinations, immunisations & allergies

Combe Pafford school PSHE Curriculum map 13.01.23

Relationships		Living in the wider world		Health and Wellbeing	
Attraction to others Romantic relationships Civil partnerships & marriage Recognising & managing pressure CONSENT in different situations Expressing opinions & respecting other points of view inc: Discussing topical issues		Valuing diversity Challenging discrimination & stereotypes Evaluating media sources Sharing things online Influences & attitudes to money Money & financial risks		What affects mental health & ways to take care of it Managing change Loss and bereavement Managing time online Human reproduction & birth Increasing independence Managing transition Keeping personal information safe Regulations & choices Drug use & the law Drug use & the media	
Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Transition and safety Transition to secondary school and personal safety in and outside school, including first aid	Developing skills and aspirations Careers, teamwork and enterprise skills, and raising aspirations	Diversity Diversity, prejudice, and bullying	Health and puberty Healthy routines, influences on health, puberty, unwanted contact, and FGM	Building relationships Self-worth, romance and friendships (including online) and relationship boundaries	Financial decision making Saving, borrowing, budgeting and making financial choices
MIDDLE SCHOOL					
Autumn		Spring		Summer	
Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	Community and careers Equality of opportunity in careers and life choices, and different types and patterns of work	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies	Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks
Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid	Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	Employability skills Employability and online presence

UPPER SCHOOL					
Autumn		Spring		Summer	
Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Exploring influence The influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalisation Communities, belonging and challenging extremism	Work experience Preparation for and evaluation of work experience and readiness for work
Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Building for the future Self-efficacy, stress management, and future opportunities	Next steps Application processes, and skills for further education, employment and career progression	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Independence Responsible health choices, and safety in independent contexts	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	
SIXTH FORM					
Autumn		Spring		Summer	
Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Exploring influence The influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalisation Communities, belonging and challenging extremism	Work experience Preparation for and evaluation of work experience and readiness for work
Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Building for the future Self-efficacy, stress management, and future opportunities	Next steps Application processes, and skills for further education, employment and career progression	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Independence Responsible health choices, and safety in independent contexts	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	

