

Unit 003 – Shampoo and Conditioning

Unit Outline

In this unit pupils will learn how to prepare a client for the service and then how to shampoo and condition a clients hair professionally. They will learn the structure of the hair and how shampoo and conditioner affects this, the main hair types and conditions and hygienic working practices. We will be covering massage techniques and when to use them. This unit will also go over behaviour and communication in a salon environment.



Essential skills to consolidate

Be able to prepare for shampooing and conditioning Be able to shampoo, condition and towel dry hair

Extra skills to stretch

More complex massage techniques

Tools and equipment that you will use within this unit



Products



Detangling comb



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Sterilization fluid

Key vocabulary to consolidate

Products and tools, Client preparation, Safe and hygienic working practices, Communicate.

Key vocabulary to stretch

Shampoos, surface conditioners, basin comb, Correct position, gown and towel, PPE, COSHH, methods of sterilization, relevant health and safety legislation, Speaking, listening, body language, what to say, how to say it, range of hairdressing terminology

Assessment

Observation of pupil ability will be tracked each week onto the Vocational Skills Data Tracker and pupils will complete a worksheets detailing the structure of the hair, conditions and health and safety legislations. There will be a practical assessment to observe them preparing a client and then shampooing and conditioning. This can be broken down and observed over the term and can be carried out on training heads or eachother. Photographs and video will be taken regularly as a record of pupil achievement.

Progression

This unit will enable students to correctly shampoo a client and also teach them personal care for themselves. This should also help them gain confidence talking to clients.